

UTAH STATE HOSPITAL NEWSLETTER

Issue 47

Fall 2014



CAMPUS REFLECTS COMMITMENT AND VALUES

Ribbon Cutting Ceremony A Huge Success!!



This past summer has been a very busy and exciting time for USH. We are very successful as a Psychiatric Inpatient Provider because we have loyal staff committed to providing the patients with quality programming and an environment that promotes wellness and recovery.

The Ribbon Cutting Ceremony for the Mark I. Payne and Mountain Springs Pediatric Buildings was a big success. It was awesome because every unit and department gave 110 percent to make it happen. Everyone did a wonderful job pitching in and doing their part in caring for the patients and helping to get things ready during a very busy and distracting time. We were privileged to have distinguished guests from around the state including Lieutenant Governor Spencer Cox; Ann Williamson, Director of the Department of Human Services; Doug Thomas, Division Director for Substance Abuse and Mental Health; Joshua Haines; Director of the Division of Facilities Management; Provo City Leaders, County Officials, and hundreds of visitors including family and friends of patients at the hospital. Joseph Ott, Representative for the Utah State Hospital Governing Body gave a great talk about his many challenges with mental illness and his personal life path towards recovery. He touched everyone present with his amazing story. Tom Shults, AD on the Girl's Unit provided music to set the tone for the morning. He played a Banjo Mandolin made by August Pollman in 1887. The Children's Unit treated us all to a wonderful song and dance performance to close the Ceremony.

The Ribbons were cut by Lt. Gov Cox; Connie Payne: wife of Mark I. Payne; Representative Gage Froerer: Co-Chair of the Infrastructure and General Government Appropriations Subcommittee who was very helpful in acquiring the funding from the Legislature; and Lezlie Smith: the wife of the late Chris Smith who was a Senior Partner of the Layton Construction Company and who passed away from cancer while working on his last project: the Utah State Hospital. We are very privileged to have such a beautiful campus with modern facilities. We are even more fortunate to have such clinical expertise and dedicated employees who are committed to the Mission and Vision of the Hospital. Though progress means change and change is challenging, we have a culture that fosters advancing our efforts to insure we are providing the best care for our patients.

~Dallas Earnshaw, Superintendent





Western Psychiatric State Hospital Association

“WPSHA” (pronounced Whip-Sha)

COMING TO UTAH 2015!



The Utah State Hospital belongs to a Regional State Hospital Association which includes hospitals from North and South Dakota all the way to Alaska and Hawaii. There are 24 State Hospital Affiliates in this organization. Every State in the region is represented. There are four of these Regional Organizations in the country that are a part of a larger National organization: The National Association of State Mental Health Program Directors (NASMHPD). This organization works closely with State Mental Health Commissioners, State Leaders, and State Hospitals in providing updated information, resource and political information, training, research and tool kit publications, and support in facilitating our efforts to deliver mental health services. They are vital to identifying the current trends, issues and best practices for mental health. NASMHPD has specialty divisions that focus on vital issues that impact the patients, staff and services provided. Recently, NASMHPD published a white paper called, “The Vital Role of State Psychiatric Hospitals” which identifies a guide for what services/roles State Hospitals should be providing currently and in the future.

Utah has been a strong participant in the WPSHA organization since it began. Our hospital leadership has been involved as members of the WPSHA Executive Board for many years. WPSHA’s primary efforts began over 25 years ago with the idea that hospitals could share important benchmarking data and be transparent with each other in a spirit of progress and best practice. The belief was that successes, failures and challenges could be shared with each other in a productive way to learn from each other and promote a support network amongst the hospitals. Information is shared including: programming, safety, resource allocation, budgets, demographics, policies, survey and audit experiences, etc. Benchmarking projects became the trademark of WPSHA and other regions have reached out to WPSHA as the flagship organization exemplifying effective partnerships and collaboration.

Each year the WPSHA organization travels to a different State Hospital to tour and learn from that hospital’s successes and experiences. This year’s conference was held in Portland, Oregon and attendees toured the Oregon State Hospital in Salem. The recent agenda over the past few years has been to study Safety Issues including: patient and staff injuries, falls, seclusion and restraint, staffing ratios, process improvement initiatives, training programs, etc. We have also been discussing the national growing trends in Forensic populations and the “Not Competent to Proceed” waiting lists. We have enjoyed our “Brag and Steal” presentations where hospitals can boast about their operational and programming successes. Each host state has the opportunity to “show off” their facilities and give their staff a chance to present success stories and challenges to the larger body. WPSHA members have developed a system of networking which entails sometimes weekly policy and operational questions that are sent out to the larger body for inquiries and responses. Information shared throughout the year has been vital to all our operations.

We’re excited to host the 2015 WPSHA conference. WPSHA is a strong organization and has been a great benefit to Utah. We are proud of what our hospital and it is because of our employees that this hospital has been a leader for many years.





NAMI WALK



This year USH staff and patients participated in both a hospital wide NAMI walk and the state wide NAMI walk at Liberty Park in Salt Lake City. The Patient Council met and together they created this year's slogan, "Walk for Peace of Mind". The shirts were a hit with everyone in bright yellow and black! We had a great turn out for the campus walk and we would like to thank everyone who participated. This yearly event is a way for patients and staff to come together and support the National Alliance on Mental Illness in their effort to raise awareness on mental illness. We also had one of the biggest turnouts ever at the NAMI walk in Salt Lake and we would like to thank all the staff for their hard work and the kitchen staff for the great lunch!



HOSPITAL HUSTLE

On Sept. 18, 2014 at 1730 the 4th annual Hospital Hustle was held. The Children's unit hosts this event yearly and it has become a great tradition for the patients of the hospital! The staff that participate each year look forward to the race as well. Emphasized this day are fitness, fun, friendship, and self-esteem. The staff on the Children's unit work hard for this day along with help from the incredible cafeteria staff, campus security, therapeutic rec staff throughout the hospital, executive staff, and facilities. A special thank you to our Superintendent, who supports us each and every year by attending the race, to Darla Miller and her staff that prepared delicious food, and to the volunteers that support by way of electronic timing, running with our patients, and supervising in many ways the day of the race! Each year we offer a 1 mile race as well as a 5K. All participants decide between racing entire 5K, or the shorter mile route. The event was timed and prizes given to top finishing patients in each category. T-shirts were yellow and green this year and we believed everyone rocked these colors! Due to the new building, we had a new route this year that started at the back of the new Mountain Springs Pediatric Building, ending with giant smiles as they crossed the finish line. All racers heard eager cheers encouraging patients and staff alike to try and achieve their own personal best! Whether they ran or walked they achieved goals, had fun with friends, reached milestones, and earned a sense of accomplishment.

The Children's unit would like to thank each one of the individuals that offered help as well as each participant in this event. It takes each of you to make this even a success each year! We can't wait for next year's race!



Medical Surgical Building

1955-2014

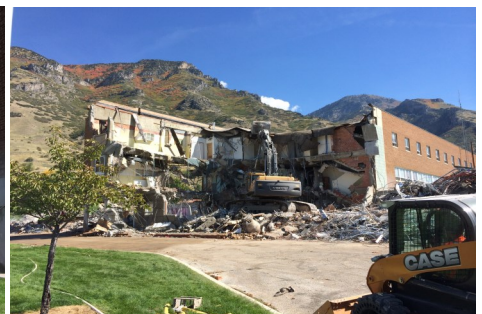


Surgeries were performed at the asylum when it opened in 1885 until the mid-1970's when it became too costly to maintain current surgical equipment. Nearly every surgery that was available at a general hospital was available at USH. However, it wasn't until the completion of the Medical Surgical Building (MS) in 1955 that a modern surgical area was available. Originally the building provided bed capacity for 66 patients, housed the dental office, X-ray, laboratory, surgery areas, pharmacy, other auxiliary services and the morgue. Later it would also house the children's unit.

In Superintendent Dr. Owen Heinger's, Biennial Report to the 1956 Legislature he made this comment on the importance of the M.S. to the hospital "In addition to the direct benefits this building has made possible, few things have contributed as much to the morale of patients, their relatives and to employees as has this facility. Its quality lends dignity to those who are treated therein and to the whole institution. It gives tangible evidence that the people of our state are genuinely interested in good treatment-something that has not always been easy to believe. Because of its influence, patients see themselves in a different light, and employees have responded with greater measures of service and devotion. As a result, many who have at no time entered the building has received benefit from its existence."



This month the Medical Surgical (Services) building is being demolished however the commitment and pride that was expressed by staff at its completion continues as we add new modern building . The MS building has served the hospital well for 59 years.





Code D-Disaster Drill



Administration would like to thank all those who participated in our Hospital Wide Full-Scale Code-D drill on September 9, 2014. We are grateful for the dedication and willingness of staff to go the extra mile in applying their time and talents to help practice our emergency preparedness here at the State Hospital. We also want to thank all those who completed their CERT training and congratulate them on a job well done during the drill. Once again thank you to all those who were involved.



We would like to acknowledge the following employees for their dedicated service awarded from April through October 2014:



Years of Service

40 years:

*Mark Harward, Plumber
ment*

35 years:

Kim Killpack, Risk Manage-

30 years:

*Dianne Garcia, RN
Dallas Earnshaw, Superintendent
Becky Gaisford, TRT
Merrilee Manwaring, RN*

20 years:

*John Lambert, Pharmacy
Randy Jones, Maintenance
Ramona, Zellers, Housekeeping
Carrie Hazel, RN
Kristine Wisdom, Education
Michael Barclay, LCSW*

10 years:

*Jared Wilkins, Maintenance-
John Thompson, LPN
Kami Curtis, Psych Tech
Stephen Phair, LCSW
Kellynn Musso, Senior PT
Michael Jensen, LCSW
Seth Stinson, RN*

25 years:

*Brian Jones, NPRN
Alan Decker, Psych Tech
Diane Maciel, LCSW
Terese Church, LPN
Jill Hill, IT
Wendy Smith, Bus Office
Greg Goldsberg, Psych Tech
Debi Williams, Senior Psych Tech
Sylvia Canela, LCSW*

15 years:

*Jim Schwartz, LCSW
Malinda Allred, Legal Services
Garcela Nielson, Psych Tech
Glenna Hardy, RN
Leilah Khan-Lara, Senior PT
Kristin Bell, Office Specialist*

5 years:

*Elizabeth McCloud, LPN
Ted Barratt, Psychologist
Lyndy Benoit, Psych Tech
Emily Carter, Food Service
Brian Hall, Custodian
Risa Johnson, LPN
Derek Killian, SSRN
Rita Munson, LPN
Jared Parrish, RN
Brent Shaw, LPN*

5 years:

*Darla Miller, Food Service Manager
Kimberly Clements, Food Service
Nancy Leduc, Food Services
T Reaves, Psych Tech
Diane Perez, Psych Tech
Brandtley Henderson, Music Therapist
Sarah Walker, Psych Tech*

*Shandi Child, Office Specialist
Randy Darrington, Facilities
Melissa Lindsey, RN
Daniel Gladden, Senior Psych Tech
Heidy Smith, RN Infection Control
Wendy Church, Food Service
Erica Vunder, Senior Psych Tech*



Retirements

The following employees retired in April through October 2014. We would like to wish them the best of luck in all their future endeavors and thank them for all they have done for the hospital:

Alberto Carballo, Food Service Worker retired with 6 years of service

Gaye Bluemel, Asst. Director of Nursing retired with 14 years of service

William Jordan, Recreation Therapist on Legacy retired with 20 years of service

Renee Hardacker, Custodian retired with 9 years of service

Susan Schirmer, Senior Psych Tech on Northeast retired with 24 years of service

Barbara Peterson, RN retired with 15 years of service

Celia Navejar, Psy Tech on Forensic III retired with 15 years of service

James Love, COTA retired with 18 years of service



Up coming events...

*Alumni Luncheon Friday Oct 24, 2014 at
12 noon to 1400pm in the Administration Gym. Come
mingle and have a box lunch for \$2.

*Employee Family Halloween Carnival! Oct 27, 2014 at
6pm to 8pm in the Administration Gym. Bring the
whole family for a fun night of games, prizes &
food. (Sponsored by The USH Employee
Activities Organization)



SPIRIT OF SAFETY AWARD



We would like to congratulate: Karen Long, Cathy Jenkins, Heesoon Goodin, Jacob Jermain, Sherri Hafen, Tiana Scott, Trent Tanner, Benjamin Owen, Denise Thomas, Randy Darrington, Clay Tullis, Melissa Baugh, Donna Tuttle, Ty Lau, Michael Wanlass, Earl Dunn, Penina Ah You, Julie Wright, and Laura Carlson who received the Spirit of Safety Award from April through September.

These are individuals whose intervention skills were recognized by their peers as having a positive impact on patient care. They each intervened in a difficult situation on their units to redirect or de-escalate a patient to avoid a critical incident from occurring. They are examples to all regarding the use of therapeutic interventions and excellent clinical skills. We want to encourage you to remember to submit your nominations to Marlow Plumb in Quality Resources. Supervisors and co-workers are encouraged to submit names of employees that demonstrate any of the following:

- *Excellent decision-making and intervention skills which redirect a patient from acting out in a violent manner.
- *Compassion and a Therapeutic approach which results in a patient being able to work through a difficult issue or situation and allows them to have positive outcomes in treatment.
- *Effective De-escalation Skills which help to avoid violence and prevent a possible Injury, Seclusion and/or Restraint from occurring.
- *Professionalism and Competence in regards to helping a patient avoid being Re-traumatized.





MISSION

USH provides excellent care in a safe and respectful environment to promote hope and quality of life for individuals with mental illness.

VISION

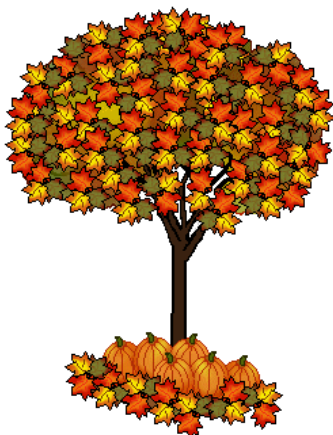
Our vision is to enhance patient recovery through dedicated service, family and community networking, collaborative research efforts, and maximizing evidence based treatment practices.

VALUES

- **USH works to continuously improve quality of care.**
- **USH partners with patients and community to instill hope and reinforce an attitude of recovery.**
- **Dignity, respect, safety and integrity are the foundations of our therapeutic environment.**

We earn trust through partnership with patients, family and community.

STAY TUNED... FUTURE CENTER STREET POND





USH NEWSLETTER

Published by Utah State Hospital
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